



Raw Carrot Salad

Serves 4-6

Ingredients

- 8 organic carrots, peeled, grated
- ½ cup fresh basil, chopped
- ½ cup dried cranberries
- ½ cup raw, unsalted walnuts, chopped
- 2 tbsp extra virgin olive oil
- 2 tbsp fresh lemon juice
- ½ tsp sea salt
- 1. Add carrots, basil, cranberries, and walnuts in a large bowl.
- 2. In a separate bowl, combine olive oil, lemon juice, and sea salt. Whisk until emulsified.
- 3. Pour olive oil sauce over carrot mixture. Toss all ingredients to thoroughly combine before serving.

Brian's Tips

- Allow mixture to sit for approximately 10 minutes before serving to allow flavors to meld together.
- Replace walnuts with chopped raw, unsalted almonds.
- You may replace dried cranberries with dried cherries or raisins.
- Remember, if you have a gluten or wheat allergy; be sure that all canned and packaged products are manufactured in a gluten-free facility. Contact the manufacturer for this information.